

Progress Notes.



March, 2014

Newsletter of the Lesbian and Gay Psychotherapy Association, Southern CA, Inc. • LAGPA@sbcglobal.net

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1. EXECUTIVE DIRECTOR'S REPORT: 2014

By Chuck Stewart, PhD

Welcome all of you to a new year. Our newly elected board has been hard at work putting together the calendar of events for the coming year. Currently, we have scheduled:

April 12	"Doctor Anonymous" will run from March 27 to May 4 at 8 PM the Zephyr Theatre in West Hollywood. It is a play about the events leading up to homosexuality being taken out of the DSM in 1973, and also about gay conversion therapy. Come and join the fun. We can get a discount with a group of 10 or more. See Newsletter for details.
April 13	"Affordable Care Act" 2-hour workshop presented by Paul Waters and Fred Wilkey, Ed.D. Earn 2 CE credits for attending. See flyer.
April 26	Lesbian-Themed Movie Night/Social. Always fun. Everyone welcome.
May 24	Gay Male-Themed Movie Night/Social. Always fun. Everyone welcome.
July 10-20	Outfest—We will be a Community Collaborator for one of the films. Watch for announcement.
August 10	Annual Pool Party at the lovely home of Liliane Quon McCain. Joint event with SCLMA (physician group) and LGLA (attorney group). Watch for announcement.
October 18	LACPA Conference—help us staff our booth at this local conference. Watch for announcement.
Fall	19 th Annual LGBTIQ Psychotherapy Conference. Watch for announcement.
Winter	Annual Winter Social. Watch for announcement.

The movie nights were such a hit last year we thought it would be good to do them again. These are free events like the monthly potlucks integral to the founding of LAGPA. It's fun and a chance to socialize in a relaxed gay-friendly environment. All are welcome. There is more information on the website. We thought we would show "Reaching for the Moon," which LAGPA sponsored last year at

Outfest. For the gay male movie night, the follow up to “The Falls” is a deeply felt exploration of being gay and Mormon.

We have scheduled one workshop so far this year. Come join our education committee to develop additional workshops of interest to our members. Each offers CE credits from APA, BBS, and CAADAC. Use the registration forms found on the website.

Speaking of the annual conference, we are still working out the details for this year’s conference. Last year was held at PGI’s new facilities in north San Fernando Valley. I know our members from the Valley, Bakersfield, Ventura, and surrounding areas really appreciated coming out their way. We are working with Antioch to host the event this year.

I’ve been working for LAGPA for the past 14-15 years. I’m always impressed by the professionalism of our members. I’ve seen many board members come and go. Some boards have been extremely hard working taking on many important tasks. LAGPA is in very good condition. We have money in the bank, our membership is stable, and we have paid off Chuck for all the money he lent the organization after it collapsed in 2005 for rebuilding the membership and modernizing the website. The 2014 board is smaller than in the past and only one woman on the board. That is potentially a problem. Now is your chance to join the board. We still need people to take on the newsletter, conference, and education committee. You don’t have to be a board member to give your support. Please let me know if you would like to contribute some time for these important committees.

I want to thank the new board and our members for their continued support for LAGPA. Remember, LAGPA is **your** organization, and it is here to help.

2. NEWLY-ELECTED BOARD for 2014

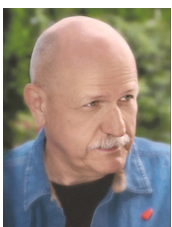
Meet your 2014 Board of Directors. Say hello the next time you see us at an event!



Gilbert Chalepas, PsyD. I have extensive experience dealing with chronic mental illness in the schizophrenia, psychotic and bipolar spectrums as well as LGBT and addiction issues. One of the most valuable parts of my training has been spending 17 years in my own therapy, an invaluable tool that very few others have. Winners get help! Currently I am in private practice in Beverly Hills. I very much look forward to being part of the LAGPA board and helping in any way that I can to make our organization an even more enjoyable and valuable experience for our members. drgilbert@drgilbert90210.com



Travis Stobbe, BFA (Secretary/Treasurer) Travis is a native of the San Fernando Valley and graduate of California Institute of the Arts (1999). His current career is real estate management. His real love is motion picture art. He has been involved with PFLAG, Toast Masters International, and various classic car clubs. Travis is a big supporter of LAGPA because of the important work the members perform for the LGBT community.



Fred Wilkey, EdD (has returned). A licensed clinical psychologist, Fred has a solo private practice doing cognitive behavioral psychotherapy in West Hollywood. Fred has been counseling as a licensed practitioner for over thirty years, has been on the LAGPA board for three, and is currently the Secretary/ Treasurer.

and

Roxanne Cherry, PhD, MFT



Damien Gonsalves, MFTi, Born and raised on the East coast. Damien completed his undergraduate studies at West London College UK and graduated from Emerson College with a BA. In June 2013 he graduated from Antioch University with a Masters in Marriage Family Therapy and a specialization in LGBT affirmative psychotherapy. Damien completed his clinical traineeship working with clients at Being Alive in West Hollywood has been an active member in the Sober community for over 25 years. Damien presently works at Promises Treatment Center where he has been for over the past 4 years as the S.A.I.D. (Substance Abuse Intimacy Disorders) Clinical Case Manager since May 2013 and joined the LAGPA board in January 2014.

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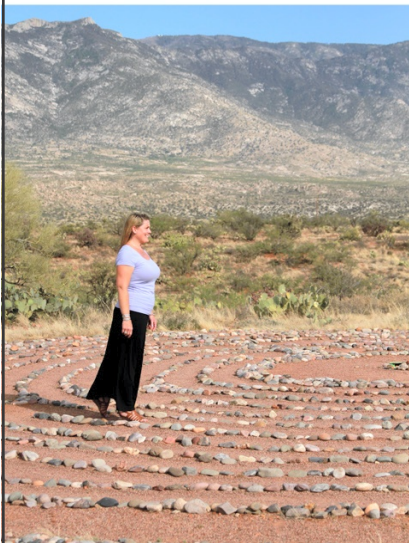
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Please call for more information!

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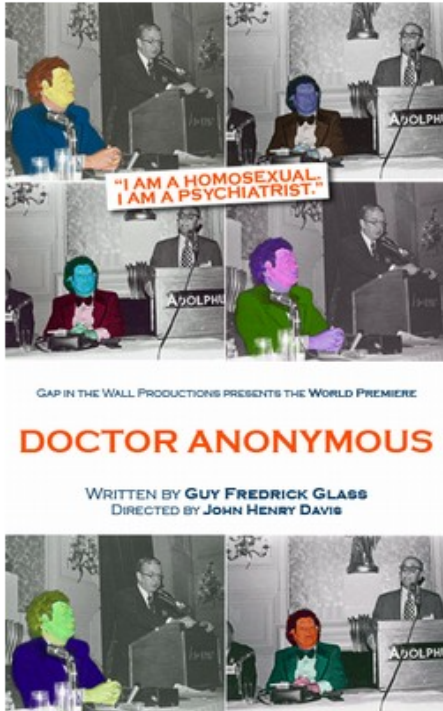
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April 12 "Doctor Anonymous" will run from March 27 to May 4 at 8 PM at the Zephyr Theatre in West Hollywood. It is a play about the events leading up to homosexuality being taken out of the DSM in 1973, and also about gay conversion therapy. www.plays411.net/doctor.



The mask comes off! Set during the Frank Rizzo campaign for mayor of Philadelphia and the dawn of Gay Pride, and inspired by the true story of Dr. John E. Fryer, this world premiere drama by New York-based playwright/psychiatrist Guy Fredrick Glass tackles the controversial subject of gay conversion therapy in a tale of love, liberation and opera.

A group of us will be going April 12. If we can get 10 or more people to go, the price per ticket will drop to \$17.50. **RSVP to Chuck**. A few days before the event we'll organize a dinner someplace nearby.

Special Show Info Running time: 100 minutes. There will be an intermission.

Zephyr On Melrose 7456 Melrose Ave Los Angeles, CA 90046
Ample Street Parking [Area Map](#)

Special Theatre Info Wheelchair access available Valet Parking at Antonio's Restaurant 2 doors west. The theatre has concessions.

Reservations (323) 960-7724

April 13 "Affordable Care Act" 2-hour workshop presented by Paul Waters and Fred Wilkey, Ed.D. Earn 2 CE credits for attending. See website for flyer.

Affordable Care Act

Presented by:

Paul Waters and Fred Wilkey, Ed.D.

2-Hour Educational Workshop
Sunday, April 13, 2014 • 12 - 2 PM

- Being (or becoming) ACA in-network provider
- Coding/billing issue
- Differences between the carriers
- What it's like working with any/all of them
- Difference between the carrier's drug formularies

- How to help if someone hasn't been able to get health insurance before
- Helping HIV patients
- Way to get health insurance

The fact that medical underwriting is now a thing of the past is HUGE.

It's a whole new world of healthcare.

April 26

Lesbian Themed Movie Night/Social



Reaching for the Moon

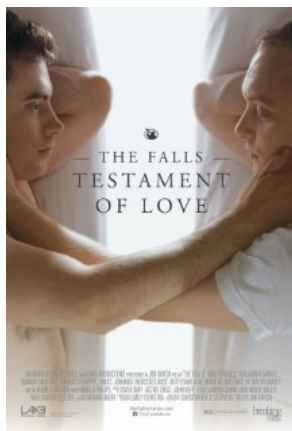
Outfest favorite 2014.

A chronicle of the tragic love affair between American poet Elizabeth Bishop and Brazilian architect Lota de Macedo Soares.

Potluck at Chuck's apartment. 7 PM, movie at 8 PM. Please RSVP. Limited to the first 10 people who respond.

May 24

Gay Male Themed Movie Night/Social



The Falls (2): Testament of Love

Chris and RJ reunite five years after coming out to their families and their church as gay men, where the factors that led to their separation are revealed as they mourn the death of their mutual friend Rodney.

Excellent follow-up to The Falls (2012). Complex film about religion and being gay. Potluck at Chuck's apartment. 7 PM, movie at 8 PM. Please RSVP. Limited to the first 10 people who respond.

July 10-20

Outfest—We will be a Community Collaborator for one of the films. Watch for announcement.



August 10 Annual Pool Party at the lovely home of Liliane Quon McCain. Joint event with SCLMA (physician group) and LGLA (attorney group).



As usual, we will be holding our annual pool party at the lovely home of Liliane Quon McCain. Typically 160 people attend. Like last year, we have obtained sponsorship from **Pacific Wine & Spirits** who will be providing professional bar tenders and FREE top-shelf alcohol. Watch for formal announcement later to RSVP.

4. FULL NINTH CIRCUIT COURT OF APPEALS UPHOLDS SB1172

This a note sent to our Treasure Travis Stobbe about SB1172. Great news!

Dear Travis,

Victory! On Wednesday, the full Ninth Circuit Court of Appeals agreed that California can ban the outdated and dangerous attempts to change the sexual orientation of minors.

It was another victory for lesbian, gay, bisexual and transgender kids in California, and makes it easier for other states — like New Jersey — to defend their own bans on this discredited and discriminatory pseudoscience.



We are proud to have sponsored and defended this important law. We are grateful to Senator Ted Lieu for authoring it and to Governor Brown for signing it.

We wouldn't have won without the impressive support of California Attorney General Kamala Harris, as well as the excellent representation in court from the National Center for Lesbian Rights and the law firm of Munger, Tolles, & Olson LLP.

We are also grateful for medical and mental health associations that supported the law and helped to educate the legislature about the serious dangers posed by scientifically baseless efforts to change a person's sexual orientation or gender expression. No ethical professional should put a young person's life and well-being at risk by engaging in these ineffective and dangerous practices. Every young person deserves to be treated with dignity and respect and to be valued for who they are.

Finally, we're also grateful to the support of all of you, our members. Without your passionate advocacy, this bill might never have become law. This is our victory, together, and we should all be proud.

5. AIDS FUNDING CUTS

What is happening to HIV prevention in Los Angeles?

Posted by Susan Forrest

In 16 days, HIV prevention services are going to be cut off from funding for 3 months. What is going to be done to backfill these services to prevent clients from falling through the cracks? What about syringe exchange, which can't be funded with federal (Ryan White) dollars? Are we going to stand up for our prevention programs, or are we going to wait and see what government decides?

WHAT WE CAN DO:

Attend this meeting. Ample time & space are being set aside for public comment.

Called by Committee Chair
SPECIAL MEETING – BUDGET AND FINANCE COMMITTEE
Monday, March 17, 2014
JOHN FERRARO COUNCIL CHAMBER, ROOM 340 – 6:00 PM
200 NORTH SPRING STREET, LOS ANGELES, CA 90012
MEMBERS: COUNCILMEMBER PAUL KREKORIAN,
CHAIR
COUNCILMEMBER MITCHELL ENGLANDER
COUNCILMEMBER PAUL KORETZ
COUNCILMEMBER BOB BLUMENFELD
COUNCILMEMBER MIKE BONIN
(Erika Pulst – Legislative Assistant -(213)-978-1075 or email Erika.Pulst@lacity.org)
Click here for agenda packets

THE SITUATION:

Starting April 1 – in 16 days there will be no program funding from the LA City AIDS Coordinator's Office. There may be funding available for services starting July 1, but so far they have only identified 57% of what they need to provide existing services.

There will be no funding for any of these programs from the CAO when their contracts end March 30th. After July 1 they only have 57% of the budget covered – so even if the City Council covers this gap – we are still facing a 43% reduction in direct services starting July 1.

They are the only ones funding syringe *disposal* because they can't fund the exchange part in LA City Limits. LA County supports a number of approved sites outside of the City of LA.

THE FORMAL RESPONSE:

Request that City Council cover 3 month budget gap from April 1 through July 1. Reinstate funding at the same level starting July 1.

WHO IS LOSING FUNDING?:

Here is the list of programs funded by the City AIDS Coordinator's Office:

Health Education:

APAIT Health Center
Support group for Asian/Pacific Islander (API) men who have sex with men (MSM)
18+ years old
www.apaitonline.org

APLA Health & Wellness (formerly known as AIDS Project Los Angeles)
The Red Circle Project – Support group for Alaska Native/Native American MSM
www.apla.org/health-and-wellness/hiv-education/red-circle-project.html

Bienestar Human Services, Inc. Comprehensive Risk Counseling Services (CRCS) for young Latino MSM 18-24 years old www.bienestar.org/eng/page/91/Counseling.html

Center for Health Justice HIV and substance abuse education for Incarcerated Women and Gay Men www.centerforhealthjustice.org

Children's Hospital Los Angeles Mental health services for Transgender Youth ages 13-24 www.chla.org/site/c.ipiNKTOAJsG/b.7501767/k.5FBA/Transgender_Services__Adolescent_Medicine__Case_Management__Health_Education.htm

East Los Angeles Women's Center Promotora Program for women at sexual risk (WSR) www.elawc.org

Los Angeles Centers for Alcohol and Drug Abuse 3MV Intervention: Many Men, Many Voices – provide group risk reduction counseling sessions to African American MSM. www.lacada.com

Los Angeles Gay & Lesbian Center Group and individual counseling for Homeless/Runaway Youth ages 13-24 www.lagaycenter.org/site/PageServer?pagename=YW_Youth_Services

Valley Community Clinic Popular Opinion Leader (POL) for MSM www.valleycommunityclinic.org/HIV-AIDS

HIV Testing:

AIDS Healthcare Foundation Mobile HIV Testing targeting youth of color in South Los Angeles www.aidshealth.org

Planned Parenthood Los Angeles Routine HIV Testing in-clinic for everyone ages 13-64 www.plannedparenthood.org/health-topics/stds-hiv-safer-sex/hiv-testing-19857.htm

The Saban Free Clinic Routine HIV Testing in-clinic for everyone ages 13-64 www.thesabanfreeclinic.org

St. John's Well Child & Family Center Routine HIV Testing in-clinic for everyone ages 13-64 www.wellchild.org Syringe Collection & Disposal: Syringe Collection Program – remove dirty/used syringes from City streets, and provide risk reduction services to injection drug users (IDUs)

Asian American Drug Abuse Program, Inc. www.aadapinc.org

Bienestar Human Services, Inc. www.bienestar.org/eng/page/92/Syringe-Exchange.html

LA Community Health Project/ Clean Needles Now www.cleaneedlesnow.org

Common Ground: The Westside HIV Community Center www.commongroundhiv.org

Homeless Health Care Los Angeles www.siteground181.com/~hhcla565/harm-reduction/harm-reduction

Tarzana Treatment Centers, Inc. www.tarzanatc.org What is happening to HIV prevention in Los Angeles?

6. THE ADVOCACY GOES ON—CAMFT REFUSAL TO STATE SOCE IS UNETHICAL.

This is a note from Jim Walker, MFT about CAMFT.

Please take a couple minutes to sign this petition asking CAMFT to change their Code of Ethics to clearly state that “ex-gay” or “reparative” practices are unethical. <http://www.convertmfts.org/>

The backstory: In 2010, a tiny a group of CAMFT members advocated with CAMFT that they change their code of ethics to ban to these practices, which are also called SOCE. CAMFT finally issued a statement in 2012 about SOCE but they did not ban it for their members as the American Counseling Association and NASW have.

Also in 2012, LAGPA and Gaylesta helped pass a law protecting youth from SOCE. CAMFT did not oppose the legislation, neither did they support it like other professional associations did—although a handful of the larger CAMFT chapters supported the legislation.

As soon as the law took effect in 2013, several therapists—among them David Pickup, MFT, a CAMFT member--challenged the law in court. Each time the courts ruled in support of the law, Mr. Pickup and other therapists appealed the judges' decisions.

This year we've learned Mr. Pickup continues trying to take down the new law. A very conservative Christian legal group has helped Mr. Pickup ask the U.S. Supreme Court to hear his appeal to overturn the law. As of this posting, the Supreme Court hasn't decided if they will hear their appeal or if they will let the lower court's decision stand, which would finally put the new law in effect once and for all.<http://www.courthousenews.com/2014/02/04/65092.htm>

Mr. Pickup and other therapists not only use these harmful practices on clients. They also teach SOCE to other therapists so they can also inflict them on others. That's double the reason why CAMFT needs to declare that such practices are unethical for their members. http://www.reorientationtherapy.com/?page_id=8

This year a group of MFT students at the Wright Institute in Berkeley lead by Beth Greivel launched this petition. You have to admire their advocacy for protecting the public from these ineffective and harmful practices.

Please urge CAMFT to change their Code of Ethics to explicitly ban their members from using these practices. CAMFT is the largest mental health association in California and their action will send a message across the nation that's sorely needed in training and licensing situations.

Thank you so very much, Jim Walker, MFT, Gaylesta member from Oakland

Jim Walker, MFT

Mobile: 510-684-4508

<http://lgbtcounseling.com>

<https://www.facebook.com/LGBTQQIACounseling>

<https://www.facebook.com/LGBTHealthcareAdvocacy>

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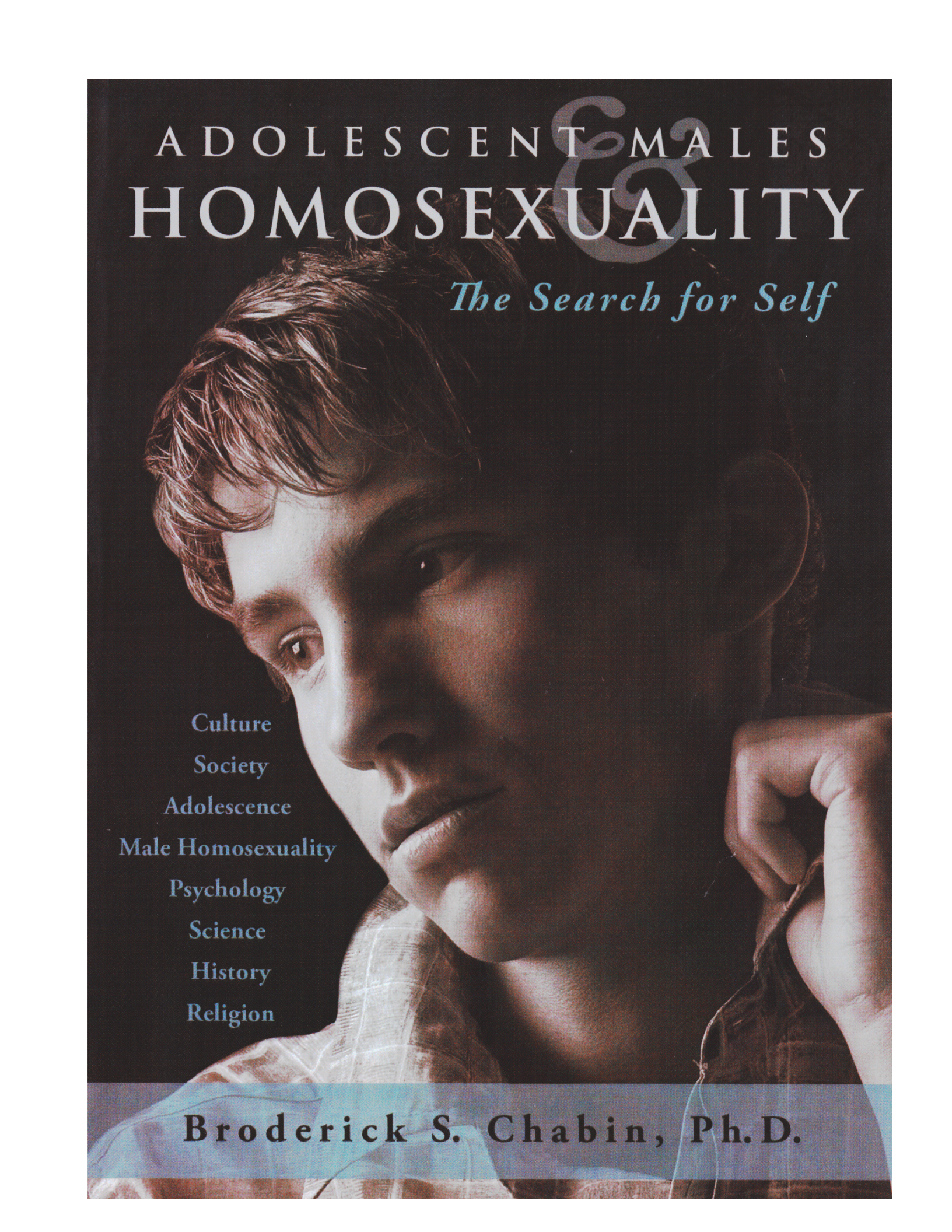
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- New Center for Psychoanalysis
- The Gay and Lesbian Couples Institute

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- Dann Grindeman, Ph.D.
Professor and Co-Director of Clinical Placement, Phillips Graduate Institute

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- Harry Drasin, MD PsyD
Assistant Clinical Professor of Medicine, UCLA Department of Medicine

7. RICK WARREN AT SADDLEBACK CHURCH

A Note from Sarah Wood:

I would appreciate the assistance of mental health professionals in protesting the co-sponsorship of the National Alliance on Mental Illness Orange County at the "Gathering on Mental Illness and the Church" scheduled for March 28 at Rick Warren's Saddleback Church in Lake Forest, CA.

This is the petition I published on change.org

<http://www.change.org/petitions/national-alliance-on-mental-illness-orange-county-do-not-co-sponsor-the-gathering-on-mental-illness-and-the-church-at-saddleback-church>

We implore the National Alliance on Mental Illness Orange County not to co-sponsor the "Gathering on Mental Health and the Church" with Saddleback Church and the Roman Catholic Diocese of Orange, both of whom promote religiously sanctioned bigotry and oppression. Their consistent anti-women and anti-gay rhetoric contributes to additional anguish for women and sexual and gender minorities with mental illness and is in direct opposition to the stated goal of this conference.

Rick Warren and Saddleback Church adhere to the belief that faith supercedes science. History shows we ignore their faith-based positions at great peril to public health and safety, human rights, and civil society. Your partnership with them signals you sanction their faith-based positions, further endangering the most fragile and oppressed members of our communities.

Evangelicals hold and promote their own events on everything from mental illness to dieting in order to maintain their "integrity." If you search the websites promoting "The Gathering on Mental Health and the Church," you will see they all present homosexuality as sin. It is something to "struggle with" and "overcome." This "Biblical World View" on homosexuality is a key differentiator from the secular world. All of the websites also promote restricting women's access to reproductive health care, something of grave concern to anyone who cares about women's mental health.

<http://crossmap.christianpost.com/news/saddleback-church-to-hold-inaugural-gathering-on-mental-health-and-the-church-9102>
<http://praisecleveland.com/1927915/rick-warrens-saddleback-church-organizing-mental-health-and-the-church-gathering/>
<http://alarryross.com/saddlebackgatheringonmentalhealth/>
http://www.breakingchristiannews.com/articles/display_art.html?ID=13418
http://www.worldmag.com/2014/02/rick_warren_calls_church_to_mental_health_ministry
<http://www.churchleaders.com/pastors/pastor-articles/172724-saddleback-to-host-gathering-on-mental-health-and-the-church.html>
<http://zionica.com/2014/02/25/rick-warrens-saddleback-church-organizing-mental-health-church-gathering/>

More background:

Tragically, in April 2013, Matthew Warren committed suicide after a long and painful struggle with mental illness. Matthew was the son of Rev. Rick Warren, bestselling author of "The Purpose Driven Life." In response, Rev. Warren and his wife Kay plan to increase awareness about mental illness in the church by convening a "Gathering on Mental Health and the Church" at Saddleback Church in Lake Forest, CA on March 28, 2014.

For decades, conservative churches have lagged behind the scientific and medical community in diagnosing and treating mental illness, often discouraging the use of effective psychiatric medications and promoting prayer as a primary treatment. Rev. Warren wants to move the ball forward by equipping the church to respond more helpfully to persons afflicted with mental illness. He is encouraging treatments recognized as effective by scientifically-based psychiatric and psychological associations. That is a respectable goal.

Unfortunately, Rev. Warren also has a long history of making internationally broadcasted statements sanctioning religious intolerance and bigotry that compound mental health problems afflicting girls, women, and sexual and gender minorities (lesbians, gays, bisexuals, transgender, queer, and intersex).

Rev. Warren consistently cites the Bible as his "source of authority." To Rev. Warren, Biblical truths supersede verifiable facts. He stubbornly supports teaching intelligent design and abstinence-only sex education despite damning critiques from the scientific community. Many credit his insistence on eliminating the promotion of condom usage in Uganda with reversing the decline in HIV infection in

that country. Rev. Warren strongly discourages divorce other than in the most extreme cases of abuse, imperiling men and women in emotionally abusive marriages.

For decades, Rev. Warren has called homosexuality a sin. In media interviews, Warren has equated homosexuality with bestiality, pedophilia, incest, consuming arsenic, "punching a guy in the face," and the painful betrayal of adultery. Many credit Rev. Warren's high-profile leadership in Africa calling homosexuality "unnatural" with preparing the homophobic foundation for extreme anti-gay legislation and anti-gay rhetoric that has engulfed several African countries. Rev. Warren stated that he would maintain his anti-gay positions regardless of scientific evidence, because he trusts the truth of the Bible. Most recently, Rev. Warren lent his voice to framing anti-gay legislation in the United States in terms of "religious liberty."

Saddleback Church is affiliated with the Southern Baptist Convention, an organization that actively promotes anti-gay legislation and "pro-life" public policies denying even rape and incest victims access to the morning-after pill. They laud patriarchal family structures, insisting that wives submit to their husbands "as to the Lord." Several of the proposed speakers at the "Gathering on Mental Illness and the Church" are affiliated with the Southern Baptist Convention, further increasing the likelihood that faith-based sexist and heterosexist stereotypes will go unchallenged.

The Roman Catholic Diocese of Orange is the other co-sponsor of the conference. The Roman Catholic Church also rejects the conclusions of the scientific and medical communities regarding homosexuality, characterizing it as "disordered." Like the Southern Baptists, Roman Catholics institutionalize sexism by refusing to ordain women and institutionalize heterosexism by refusing to marry gay couples. Like Rev. Warren, they promote celibacy as a solution to homosexuality, a "treatment" not encouraged by the scientific and medical community. Rev. Warren supports the efforts of the Catholic Church to deny girls and women access to contraception – a vital resource for girls and women suffering from mental illness.

Partnering with ostensibly secular organizations is a well-worn tactic of Rev. Warren and Saddleback Church. He and his members are constantly seeking participation in their events and organizations from civic organizations, public schools, and other secular non-profits. Rev. Warren then leverages those relationships to beef up his reputation as a moderate. That means more prosletizing, increased membership, more donations, and greater global influence. In all of his activities, both locally and internationally, Rev. Warren only funds and supports individuals and institutions who uphold (or "respect") his anti-gay, anti-women positions. Please help me contain his influence.

To contact the NAMI OC Board directly, email info@nomioc.org and they will forward the email to the Board. Mental health professionals can sign my petition or reach out to NAMI OC. The contact at NAMI national is Bob Corolla, bobc@nami.org

703-524-7600. "Bob Corolla serves as the Director of Media Relations for NAMI, the National Alliance on Mental Illness, focusing on policy issues and supervising the NAMI StigmaBusters program."

Steve Pitman is the sole scheduled speaker for NAMI OC at the Gathering. He is the President of the Board of Directors. The "Gathering on Mental Health and the Church" is not being promoted through reputable psychological associations, but rather through Christian websites, radio stations, etc. Rick Warren's current position is that "homosexuality may or may not be a sin, but, homosexual behavior is a sin because sex outside of marriage is a sin, and marriage is between one man and one woman."

Sarah Woods
949-933-6460

Addendum:

How can you "de-stigmatize" mental illness while stigmatizing people who deal with mental health issues BECAUSE of the stigma levied against them by fundamentalist religious preachers? Are the suicides of gay children due to the self-hatred caused by preachers such as Rick Warren any less important than the suicide of this preacher's own son? Why was his son "ok with God" and other people's sons "not ok with God" due to their sexual orientation? Is NAMI just going to "forget" about this group of people they claim to serve merely because they are speaking at a fundamentalist church? Would NAMI speak at a white's only church? Would they forget the discrimination and harm to people of color in the name of publicity? I think not. How is this any different? They are being used as pawn in the great game orchestrated by Rick Warren and Saddleback Church. Their participation in this is unprofessional, immoral, and goes against the very tenants they claim to espouse. NAMI should withdraw from the conference publicly or make a public statement before, during and after the meeting that they do not agree with Warren's stance on LGBTQ issues. Anything short of these actions constitutes a breach in trust between NAMI and the LGBTQIA community. Their reputation should bear the consequences of their action or inaction.

Christie Draper
949.677.7840



The Institute for
Sexual Health

ISH wishes to thank LAGPA for hosting educational conferences for the past 18 years in support of the LGBTIQ psychotherapy community.

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5. CLASSIFIED ADS

The **Classified Section** of the *Progress Notes* allows members and non-members to advertise available therapy services, employment, and office space. This section is **free for members** and \$15 for non-members.

SEEKING CONSULTATION or SUPERVISION

Wanted: Psychologist supervisor that can bill Medicare in Tarzana, CA: 420074

Hello, I am interested in starting a small psychotherapy clinic in Tarzana, CA. I am looking for a licensed psychologist that can provide supervision and bill Medicare. Please let me know if you or someone you know is interested.

Thank you, Natalie nataliejoon99@yahoo.com

Seeking Consultation

I am a member of LAGPA and I am very interested in joining a clinical consultation group.

Best, Raymond Lamb, LCSW lambclsw@gmail.com

THERAPY

Gay-Affirming Therapy

In appreciation for my new gay-affirmative private practice internship at Larchmont Associates, I am offering a free initial consultation to prospective clients. Call Brian Carpenter at (323) 863-5638 or email bcarpentertherapy@gmail.com to set up an appointment. Supervised by Nancy Steiny, MFT 6164.

Gay Men's Growth Group

(Studio City)

This is an ongoing men's group, which focuses on personal issues that lead toward better relationships with oneself and others. This is a group for serious minded men regardless of age, HIV or relationship status. Tuesday/Wednesday night in Studio City. \$40 per session. Contact Sandy Kaufman, MFT at 818-761-4200

Gay Men's Group

(Beverly Hills)

The Center for Cognitive Therapy in Beverly Hills is now running a Gay Men's Group on Mondays from 7:30-9PM. If interested, please call Joel Becker, PhD (PSY11680), 310-858-3831

Social Anxiety Group

This group will be making use of the latest empirically validated treatment for social anxiety. The group will be mixed (both gay, lesbian, and straight clients) and time limited to 10-12 sessions. Contact Joel Becker 310-858-3831.

Emotional Regulation Skills Group

This group that is based on the work of Marsha Linehan, Ph.D. with patients who have the diagnosis of Borderline Personality Disorder. It is appropriate for all clients who have problems in this area, which may include patients in a wide range of disorders including substance abuse, etc. This group is adjunctive and the client must have a primary therapist

who will remain in the picture as "therapist of record." Contact Joel Becker 310-858-3831.

SASS Group (Sexual Abuse/Assault Survivor's Support Group)

Group for women who have been sexually abused, experienced incest, raped, sexually assaulted, exposed to adult sexuality too young, used in child pornography, or who have been or who are currently being stalked. Closed group of 6 or less. Must be willing to make a minimum of a 6-month commitment to the group and attend on a regular basis. Group meets every other Sat 1-3. Call Cindie Henrie at 323-829-3548

Extreme Abuse Survivor's Group

Group for women who have posttraumatic stress disorder and are survivors of childhood/adult abuse and/or other traumatic events. This group is a process group for women who have survived multiple abuses that were violent in nature. Excellent for getting support and learning effective coping skills and strategies. Closed group of 6 or less. Must be willing to make a minimum of a 6-month commitment to the group and attend on a regular basis. Meets every Wed 8pm. Call Cindie Henrie at 323-829-3548

TransWoman Support Group

Group for transsexual women who are in the process of transitioning from male-to-female who are at different phases of their transitioning process. This is a highly supportive process group! Closed group of 6 or less. Must be willing to make a minimum of a 6-month commitment to the group and attend on a regular basis. Meets every other Sat from 10am-12pm. Call Cindie Henrie at 323-829-3548.

Significant Others Support Group (SOS Group)

Group for women whose significant other has a gender identity issue or is gender variant. Partners may be transsexuals, transgender, intersexed, cross-dressers, gender-queer, or transvestites. They can be either male-to-female or female-to-male. Group meets every 2-3 weeks depending upon availability of group members. Closed group of 6 or less. Must be willing to make a minimum of a 6-month commitment to the group and attend on a regular basis. Call Cindie Henrie at 323-829-3548.

Healing and Freedom from Critical and Controlling Parents and/or Partners

Group for women who were raised by critical, controlling and/or narcissistic parents or who are in relationship with critical and controlling, narcissistic partners. Most women in the group have found that their self-esteem has suffered tremendously as a result of being emotionally and verbally abused, criticized or controlled in their lives. Excellent group! Closed group. Must be willing to make a minimum of a 6-month commitment. Meets every other Sat from 3pm-5pm. Call Cindie Henrie at 323-829-3548.

Psychotherapist Supervision/Peer Consultation Group

Supervision/professional peer consultation group for therapists who are interested in trauma, feminist therapy, gay and lesbian issues, gender identity issues, dissociative disorders, or who want to learn more and consult on cases. Lots of great information will be discussed, presented and explored! Come be creative, get support, and enjoy an intimate process group with other therapists. Date/Time TBD. Call Cindie Henrie at 323-829-3548.

Cognitive/Experiential Group

Rhythm Journeys Empowerment Drumming. Can you say, "Ba Da Bing?" This evidence-based group utilizes drums and hand percussion to improve mood, decrease anxiety, enhance self-expression, and promote community. Plus, it is a blast! Great for therapists or clients. Excellent Sherman Oaks location. Easy freeway access. Sundays 1:00-2:30pm. Contact Mary Ann Rege at (323)336-7774 or maregetherapy@gmail.com. Visit www.rhythmjourneys.com for more!

Relapse Prevention

Mindfulness-Based Relapse Prevention for Addictive Behaviors (MBRP) now forming. Gain excellent relapse prevention tools and support. Great Sherman Oaks location. Easy freeway access. Must be 1-year clean/sober/addiction free. 8 weekly sessions, 2 hours. Day/time TBD. Contact Mary Ann Rege at (323)336-7774 or maregetherapy@gmail.com

EMPLOYMENT

(none at this time)

OFFICE SPACE

West Hollywood

As of April 1, 2014, we will have several office vacancies available for psychotherapists looking to rent office space in our very established psychotherapy office suite. Our suite is located at 8235 Santa Monica Boulevard in West Hollywood. (We are at Santa Monica and Harper Ave, across from the restaurant "Eat Well" and one block east of West Hollywood City Hall). We have several different offices available, at different times of the day and different days of the week. We are on the 4th floor and most offices have a south facing city view. Rates are based on blocks of time (i.e. 8am-4pm or 4pm-10pm) and discounts apply for full days (8am-10pm) or multiple days in the week. The basic rent for one block of time for a month (i.e. Wednesday from 8am-4pm for an entire month) is \$200 and discounts apply for any additional time rented. The rent includes the office, copy/fax, wifi, a mail box, office supplies etc. For specific availability or to schedule a visit, please call Brad Chabin, Ph.D. at 323-369-8838.

West Hollywood (Melrose/La Cienega)

FT psychotherapy office space in West Hollywood near intersection of Melrose and LaCienega. Near Cedars-Sinai yet in a quiet garden courtyard of therapists and designers. One central air thermostat for your office only--which only you control. Stand-alone, private office and waiting room. 24/7 access to building and AC/heat. Reserved (not tandem)

parking space for therapist and ample street parking for clients. Handicapped-accessible office and restroom (also near major bus routes). Windows, high-vaulted ceiling (owner willing to install sky light, if desired). Owner willing to build-out to your specific psychotherapy office needs. While square footage sounds small, it is larger than the psychotherapy office space I occupy next to yours. For details and amount of rent, contact building owner Jack Ravan at 323-782-1270

West Los Angeles /Westside Pavilion adjacent

Part-time office space available in suite designed by therapists for therapists. Full/half days in windowed and interior offices in 2-story, modern building (built in 2008). Very good soundproofing, easy parking options, call lights, separate exit, wireless. Call 310-281-8681 or email andrew@westsidetherapist.com.

Studio City/West Hollywood

Ideal office set-up for newly licensed therapist or therapists who would like to apply for networks: For a little over \$100 a month, you could have one office in LA. For a little over \$200 a month, you could have two offices in LA, one in Studio City and one in West Hollywood! And having two offices is a plus for applying for insurance panels, as is working with special communities. Call Mike Fatula, MFT 323-876-8861.

Beverly Center

Part-time mornings and Friday-Sunday. Quiet small secured building near Beverly Center, 24/7 access, private climate control, windowed charming comfortable large furnished office, good size for groups, shared waiting room with call light, sound proofed, plenty of parking (free or metered), utility room with fridge, micro, copier, printer, file drawers. Call Steve Kadel 310-228-3676.

Beverly Hills

Office space available for lease in medical building in Beverly Hills. Suitable for consultations, counseling, presentations, or auditions. Monthly rent: \$1333 (one year contract). Two hours free public parking in addition to street parking. Call Eric at 323-528-8206, or send email to chantalrialland@gmail.com.

Studio City / Valley Village

Charming quiet garden setting office with private waiting room, bathroom, and kitchen. Bright, windows that open, air conditioning, close to freeway, and free parking. Available part-time. Please call Dr. Stacy Berlin 310-442-6466.

West Los Angeles

Beautifully decorated, windowed, freeway close, disabled access, call lights, separate entrance/exit, security building. Available AM's every day, all day Thursday and Saturday. Contact Renee R. Sperling, LCSW at 310-470-3450

West Hollywood/San Fernando Valley

Quiet Garden Courtyard of therapists, designers, and writers near Cedars-Sinai and Thaliens. Also office space on Ventura Blvd. near Laurel Canyon (Studio City).

- Quiet, garden courtyard; one story building; 24/7 access & AIR

- Windowed, private waiting room; sound-proofing & call-light systems
- Windowed & skylighted private therapy office
- Separate entrance-exit; separate restrooms for clients & therapists
- High vaulted wooden ceiling/new wood window blinds

- Utilities included with reasonable rent; private, covered, well-lit parking
 - Easy canyon access to San Fernando Valley
 - Recently remodeled to psychotherapy specifications.
- Reasonable rates (utilities included). Call Mike Fatula at 323-876-8861.

Gilbert Chalepas, PsyD
Clinical Psychologist PSY 23708



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Progress Notes

A quarterly publication of the Lesbian and Gay Psychotherapy Association of Southern California, Inc., an organization dedicated to the promotion of lesbian, gay, bisexual, and transgender psychology, by supporting and serving the mental health professionals who work within the lesbian, gay, bisexual, and transgender community.

Spring, 2014

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